

# Be Happy. Be Healthy. Belong.

## Begin anew with a Healthier You.

Join The Community YMCA today and take your first step to a life of health and well-being.

Sign up by February 21 and enjoy

- Free 12-week personal plan
- One free month
- Entry in Healthy Hearts Drawing to win \$300 Modell's gift card.

For more information, call (732) 741-2504, ext. 15, stop by 166 Maple Avenue, Red Bank, or e-mail [membership@cymca.org](mailto:membership@cymca.org).

Please bring this ad with valid ID. Must be new to The Community YMCA. Cannot be combined with any other promotion. Other restrictions may apply. Offer expires February 21, 2010.



Red Bank  
Family Health & Fitness Center  
**The Community YMCA**

We build strong kids, strong families, strong communities.

[www.TheCommunityYMCA.org](http://www.TheCommunityYMCA.org)

